

October 19, 2017
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**“How to Survive Middle School”
at The Aventura Arts & Cultural Center
Offers a Comic Look at Serious Issues Facing Young People Today**
Performances are presented as affordable Smart Stage Matinees

AVENTURA, Fla. – The City of Aventura presents *How to Survive Middle School* with comedian Robert Post as a Smart Stage Matinee at the Aventura Arts & Cultural Center on **Thursday, November 2 at 10 and 11:30 a.m.**

Struggling with various learning disabilities, Post found that making people laugh saved him in school and his brand new, multimedia performance presents real issues affecting students today including social media, testing, bullying and peer pressure.

Interspersed with Post’s entertaining skits are short videos in which middle-school kids speak candidly about the pressures and worries they face. Teachers speak on film about how deeply they care about their students. The final video features high-school students looking back at how they survived their middle-school years and reassuring the younger students that they will too.

How to Survive Middle School opens up a crucial conversation in which the students in the audience see that others have the same concerns, that friends and teachers care about them and that, above all, it is OK to talk about these concerns.

Smart Stage Matinees at The Aventura Arts & Cultural Center offer educational performances for students in grades PreK-12. Productions are curriculum-driven and align with Florida state standards. Literature-based shows promote reading skills and S.T.E.A.M. (Science Technology Engineering Arts Math) to make challenging concepts accessible to younger learners.

For Group Sales, please call 954.660.6307 or email groups@BrowardCenter.org. Single tickets are limited for this event and are \$10 with \$3 lap seats for infants 12-months or younger. Ticketmaster and the Broward Center’s Group Sales Team are the only official ticketing services of the Aventura Arts & Cultural Center. Buy tickets online at aventuracenter.org, by phone at 877.311.7469, or in person at the Aventura Arts & Cultural Center box office Tuesday through Saturday from noon to 5 p.m. and 90 minutes prior to each performance.

The Broward Center for the Performing Arts manages the Aventura Arts & Cultural Center, a 14,864-square-foot, 330-seat waterfront complex that hosts performing arts, cultural and educational programming for all ages.

The Aventura Arts & Cultural Center is located at 3385 N.E. 188 Street in Aventura. Join the conversation on Twitter at #AventuraCenter, and follow us on Facebook at facebook.com/aventuracenter and Instagram at aventuracenter.

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CALENDAR BRIEF: The City of Aventura presents ***How to Survive Middle School*** with comedian Robert Post as a Smart Stage Matinee at the Aventura Arts & Cultural Center on **Thursday, November 2 at 10 and 11:30 a.m.** Struggling with various learning disabilities, Post found that making people laugh saved him in school and his brand new, multimedia performance presents real issues affecting students today including social media, testing, bullying and peer pressure. For Group Sales, please call 954.660.6307 or email groups@BrowardCenter.org. Single tickets are limited for this event and are \$10 with \$3 lap seats for infants 12-months or younger. Ticketmaster and the Broward Center's Group Sales Team are the only official ticketing services of the Aventura Arts & Cultural Center. Buy tickets online at aventuracenter.org, by phone at 877.311.7469, or in person at the Aventura Arts & Cultural Center box office Tuesday through Saturday from noon to 5 p.m. and 90 minutes prior to each performance. The Aventura Arts & Cultural Center is located at 3385 N.E. 188 Street in Aventura.